

Pet Pledge

[INSERT NAME OF PET]

Thanks for signing up to the PFMA Pet Pledge.

The PFMA Pet Pledge will help me and stay on top of his/ her weight.

By keeping my promises, will have a longer, happier life for us both to enjoy.



I pledge to work hard at giving a healthy lifestyle



I pledge to feed the right amount of pet food by following the instructions on pack



I pledge not to feed human food as snacks



I pledge to play and exercise with every single day, for at least 20 minutes, and to try to consider his / her needs at all times



I pledge to watch weight and to take him / her to the vet or seek advice from a professional if necessary



I pledge to love and look after to ensure he / she lives a long and happy life

.....
Pet owner signature

Congratulations on successfully completing your pledge and good luck from the PFMA on keeping your promises.

For more information on how to assess your pet's weight and body condition visit our easy online questionnaire – in just 3 clicks diagnose how healthy your pet is at www.PFMA.org.uk

If you would like any hints, tips or advice on sticking to your pet pledges please email us on info@PFMA.org.uk